



SUMMIT CHIROPRACTIC CARE

**500 Summit Lake Drive
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Valhalla, NY 10595**

Office 914-747-9100 • Fax 914-747-8100

For the Restoration and Maintenance of Health

CHIROPRACTIC CARE with MASSAGE THERAPY

MASSAGE CAN HELP!

- **Relieve Stress • Soothe Muscle Spasms**
- **Reduce Inflammation • Limit Scar Formation**
- **Ease Eye Strain • Increase Circulation**

CHIROPRACTIC CARE CAN HELP!

- **Back Pain • Neck Pain • Headaches**
- **Pinched Nerves • Slipped Discs**
- **Sciatica • Scoliosis**

WE USE MOST ADVANCED TECHNIQUES

- **On-Site X-rays Neurological Testing**
- **Phone Consultations**

RELIEF FROM CHRONIC PAIN IS AVAILABLE

**Dr. Steven R. Herman, D.C.
Dr. Roger Roughley, D.C.**

CSEA Members

MEMBERS & DEPENDENTS

Dr. Steven R. Herman, D.C.

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